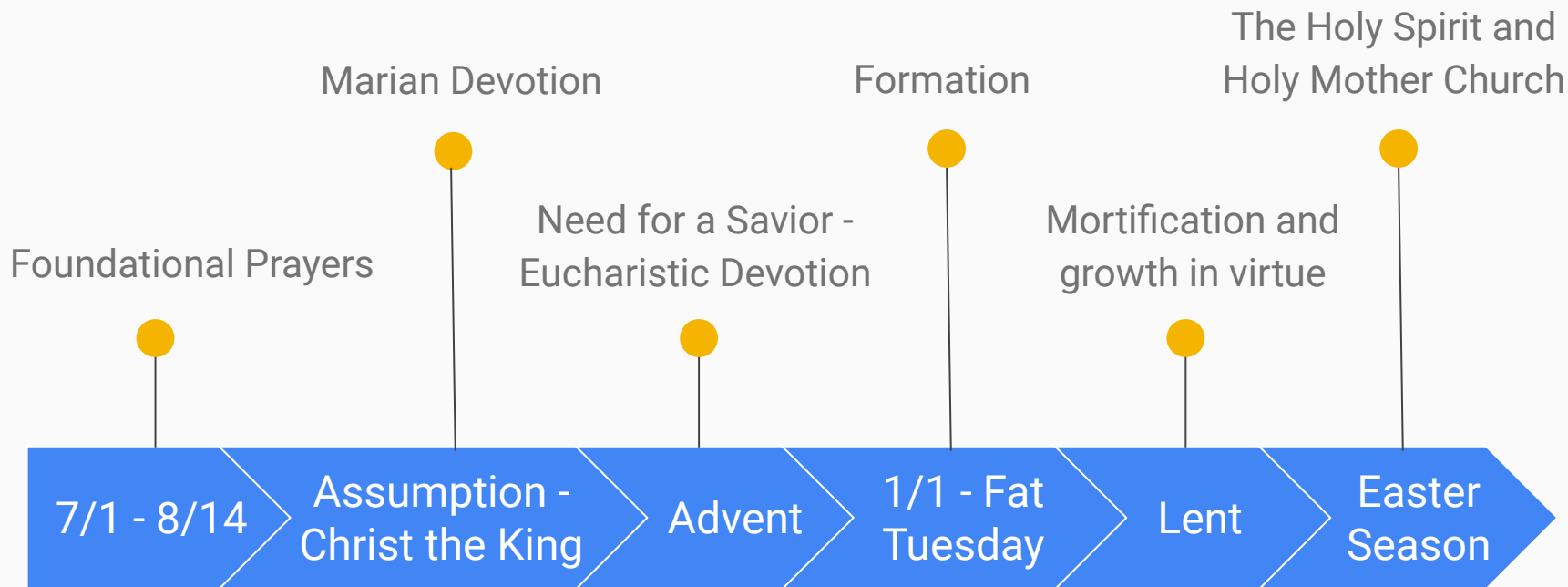


A father teaches his children to pray

1. **Develop habits** (Foundational Prayers)
 - Morning Offer and Nightly Recollection
2. **Inspire** (Marian Devotion)
 - Without a desire to love and be close to God progress will never be made. Let Mary bring them to Christ through the mysteries of the rosary
3. **Lead them to Him** (Eucharistic Devotion)
 - Help them see the need for a Savior and grow a desire in them to adore our Lord
4. **Deepen habits and formation** (Formation)
 - New Year's challenge to strengthen habits and begin formation through spiritual reading, formed.org, etc
5. **Purging of sin** (Mortification and Growth in Virtue)
 - Beginning of the purgative way
6. **Holy Spirit and Holy Mother Church**
 - Grow in grace through the Holy Spirit and the sacraments

Year of Prayer



A father teaches his children to pray.